

# Your own AI rules

Use AI for everyday paperwork, then write down your own rules for using it in your business.

## Try it

- 1 **Summarize.** Use a long email or letter you've received (take out names and private details first), or the example on screen:

Summarize this in three bullet points, then list anything I need to do and by when.

- 2 **Make a checklist.**

Turn these notes into a checklist for opening my *shop* in the morning: *lights, till float, check fridge temperature, sign out, wipe counter.*

- 3 **Plan your week.**

Here are my jobs this week: *order stock, pay the window cleaner, reply to two reviews, update opening hours.* Put them in a sensible order for a busy week.

## My AI rules

I will use AI for:

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I will never type in:

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I always check:

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If I'm not sure, I ask:

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## TAKE-HOME RULE

**Your business, your rules. AI works for you.**